Progesterone Metabolism

Chinese & Ayurvedic herbs to encourage progesterone metabolism, purify the blood and feed the nerves

5:1 Dong Quai ................................200 mg................1000 mg
10:1 Chaste Tree........................250 mg..............….500 mg
4:1 Zizyphus...................................250 mg................1000 mg
12:1 Rubia Cordifolia....................…50 mg..............….600 mg
1:1 Myrrh.........................................40 mg..........
1:1 Aloe vera...................................40 mg.................... 40 mg
Vitamin B12.............................................200 mcg
Folic Acid...............................................300 mcg

Total 6 Herbs...............................630.5 mg...+ caps...760.5 mg

65 Capsules $40 200 Capsules $110
Take one capsule in the morning

Please, for best results dietary restrictions are paramount; Avoid, excess sugar and processed grains. Always favour fresh organic fruits and vegies, and whole grains. Excess blood sugars with high blood insulin may predispose one to hormone imbalance and PCOS.

Herbal Profiles:

Vitex Agnus-Castus-Chaste Tree. Applications of Chaste Tree which are supported by clinical trails include, menstruation disorders, metrorrhagia (from functional causes), oligomenorrhea (lengthened cycle), polymenorrhea (shortened cycle) especially when marked by progesterone deficiency, cystic hyperplasia of the endometrium, some types of premenstrual tension, premenstrual mastalgia and fluid retention, premenstrual mouth ulcers, orofacial herpetic and epilepsy. Also insufficient lactation, infertility or hyperprolactinaemia, acne. Other applications are HRT withdrawal, male acne and BPH, breast cysts and fibrocystic breast disease.

Aloe Vera kumari. According to Yoga of Herbs by Dr Lad and Dr. Frawley Aloe is a wonderful tonic for the liver and spleen, for the blood and female reproductive organs. Kumari regulates fat and sugar metabolism and tones agni the fire in the stomach, or digestive enzymes according to modern science. Uses include fever, constipation, obesity, inflammatory skin disease, swollen glands, conjunctivitis, bursitis, jaundice, enlarged liver and spleen, herpes, amenorrhea, vaginitis, dysmenorrhea, menopause and intestinal worms. According to Chopra Aloe-Vera is a powerful detoxifying agent, a cooling liver tonic and is balancing for VPK= Not in pregnancy or uterine bleeding.

Angelica Sinensis-Dong Quai. Blood tonic and tonic for uterus function Perhaps the finest herb for regulating menstrual cycle. Actions include anti-inflammatory, antianemic, ant platelet, yin tonic, mild laxative and antiarrhythmic. Not in first trimester of pregnancy challenge like cancer and may also be of value in heart disease. Clinical evidence suggests that survival rate is increased with the use of Astragalus with chemotherapy and standard radiation. VPK= PK+ (excess) Not advisable in acute infections.

Cobalamin-Vitamin B12 Malabsorption is the prime factor for B12 deficiency, also many medications and also alcohol, low stomach acid and GIT diseases. In 1855 Addison described a disease (PA) ‘pernicious anemia’ in
Folic Acid. Decreased dietary intake, mal-absorption, pregnancy, drugs and alcohol. Folate deficiency may be measured with a blood test, low levels are strongly associated with high homocysteine which is an important risk factor for cardiovascular disease and stroke. More recently elevated homocysteine levels have been associated with a greater number of diseases. Abnormal tissue levels of folate may appear as; anaemia, anorexia, apathy, diarrhea, digestive disturbance, dyspea, fatigue, glosissitis, growth impairment, headaches, insomnia, memory impairment, paranoid ideation and weakness. Latest research is suggesting Folate is required.

Rubia Cordifolia-Manjistha….Cools and detoxifies the blood, arrests haemorrhage, dissolves obstruction in blood flow and removes stagnant blood. Considered an anti-infective & anti-inflammatory and probably the best alterative (blood purifying) herb of Ayurvedic medicine. Manjistha helps dissolve tumours, increases blood flow and promotes healing of damaged tissue. Uses include amenorrhoea, dysmenorrhoea, menorrhagia, menopause, bleeding disorders, kidney and bladder stones, gall stones, jaundice, hepatitis, diarrhoea, dysentery, broken bones, traumatic injuries, cancer, heart disease, skin disease, dropsy, paralysis and herpes. PK-V+ YH. *

Commiphora Mukul-Guggulu Clinical studies showed cholesterol and triglycerides decreased by 11.7% to 12% after 3 months at 100 mg. Animal studies showed that Guggulu decreased platelets adhesiveness and inhibited platelet aggregation. The anti-inflammatory action has also been confirmed by J. N. Sharma in 1977. More traditional Ayurvedic use is as a detoxification agent, anti-septic (anti-biotic support), rejuvenator & nervine, used in arthritis, rheumatism, gout, lumbago, disease of the nerves, neurasthenia, debility, sores and ulcers, cystitis, endometritis, leukorrhea, tumours, diabetes, obesity, bronchitis, whooping cough, dyspepsia, haemorrhoids, pyorrhea, skin disease, Guggulu increases white blood cell count and disinfects secretions including mucus, sweat and urine. Rejuvenates vata, and also kapha, and only mildly aggravates pitta after long term use. Myrrh Commiphora Mol Mol is almost identical to Guggulu. Not suitable with kidney infection. KV-P+ (excess) YH. MM KB *

Zizyphus….. used for anxiety, insomnia, nervous exhaustion, irritability, hypertension and night sweats. Considered the best nutritive sedative in Chinese medicine.

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These capsules are for ladies who are known to have low progesterone levels.  
Progesterone Herbs is packed by Jay D Mulder for one to one prescription from a Natural Health practitioner to patient. Progesterone is not a retail shelf product.

Caution- Herbal medications should be taken with care as directed, and under no circumstances combined with other herbal or allopathic medications.

Discontinue immediately adverse side-effects are experienced.